

## ST PATRICK'S COLLEGE

## TUCKSHOP MENU



Tuckshop operates 5 days a week and relies on volunteers to run smoothly. With fewer volunteers, it is increasingly limiting our capacity to provide this service.

We are always in need of volunteers, including Grandparents, to ensure that this service continues.

Tasks include preparation of fresh ingredients and items. Any length of time predominately between 8.30am and 12.00pm is appreciated. Please contact Karen Pooley or the College Office to express your interest.

Tuckshop Convenor:

Karen Pooley

Phone: 5482 3816

All sandwiches, rolls, wraps, and salads are made each day with fresh, lean, healthy ingredients, supplied locally.

Hot food available year round, with most being 'School Canteen' approved.

Drinks, chips, biscuits, muffins, bun loaf, ice-creams etc. are available to purchase over the counter at lunch or afternoon tea.

**LUNCH CAN ONLY BE ORDERED USING Qkr! and CLOSSES AT 8AM.**

*\*Please note that price adjustments may occur during the year\**

### SANDWICHES

Egg and Lettuce	\$3.00
Chicken, Lettuce, Mayo	\$3.50
Salad Only (no cheese)	\$4.50
Ham & Salad	\$5.00
Chicken & Salad	\$5.50

### ROLLS

Chicken, Lettuce, Mayo	\$4.00
Salad Only (no cheese)	\$4.50
Ham & Salad	\$5.00
Chicken & Salad	\$5.50

#### **Gluten Free Options:**

Salad Only (no cheese)	\$5.50
Chicken & Salad	\$6.50

### WRAPS

Salad Only (no cheese)	\$4.50
Ham & Salad	\$5.00
Chicken & Salad	\$5.50

### SALAD PLATES

Salad Only (no cheese)	\$4.00
Egg & Salad	\$4.50
Ham & Salad	\$4.50
Chicken & Salad	\$5.00
Lasagne & Salad	\$7.00
Quiche & Salad	\$7.00

### TOASTED SANDWICHES

Specify:

*Ham, Chicken, Cheese, Tomato*

2 Fillings	\$4.00
3 Fillings	\$4.50

### MISCELLANEOUS

Sauce Sachet	\$0.20
BBQ	
Tomato	

### HOT FOOD

Chicken Wedges	\$0.80 each
Sweet Chilli Chicken Wrap	\$4.00
School Pie	\$4.00
Sausage Roll	\$3.50
Hot Dog	\$3.00
Pastie	\$4.50

Spinach & Cheese

Vegetarian

Hamburger	\$5.50
Chicken Burger	\$4.00
Chicken & Salad Burger	\$5.50
Vegetarian & Salad Burger	
(no cheese)	\$6.00
Pork Riblet Roll	\$4.50
Lasagne	\$4.00
Pizza (Ham & Pineapple)	\$2.50

#### **Gluten Free Options:**

Fried Rice	\$4.00
Chicken Burger	\$5.00
Chicken & Salad Burger	\$6.50
Hot Dog	\$4.00

### SNACKS

Small Packet of Chips	\$1.50
Muffins	\$2.00
Biscuits (2 <sup>ND</sup> Break Only)	\$0.50
Choc Chip	
Double Choc Chip	
Anzac	
Bun Loaf	\$0.50

### CONFECTIONERY

Mentos	
Original	\$1.50
Soothers	\$1.50
Summer Roll	\$2.00

### DRINKS

Water	\$2.00
Juice Bombs	\$2.00
Poppers	\$1.00
Iced Tea	\$3.00
Natural Lime Refresher	\$2.50
Small Juice	\$2.50
Orange	
Mango	
Passion	
Small Flavoured Milk	\$2.50
Chocolate	
Strawberry	
Iced Coffee	
Large Ice Breaks	\$4.00

### ICE-CREAMS

Milo Cup	\$3.00
Life Saver	\$1.00
Vanilla Cup	\$1.00
Frozen Yogurt	\$2.00
Frosty Fruits	\$2.00
Billabong Triple Swirl	\$2.00